



September 15-21, 2019
#ThanksUSAGymCoach

National Gym Coaches Week is an opportunity to celebrate the outstanding impact our gymnastics coaches have in ensuring gymnasts are properly trained and developed with care and safety. From **September 15-21, 2019** encourage “thank you’s” from athletes and parents to the coaches who call the gymnastics industry home.

To celebrate National Coaches Week, USGCA is awarding **\$500 increments** through our **Gym Coach Appreciation Week!** See below for full details.

COACHES APPRECIATION WEEK

We're giving away increments of **\$500** to celebrate gymnastics industry coaches! Enter to win **\$150** for your team/club and **\$350** for your coach(es)! Here is how it works:

1. Parent or Gym Owner: Order a “Coach Appreciation” box containing the tools necessary to participate in the week long gymnastics coach celebration. Order from USGymCoach.org website for \$25 including shipping and handling. Each Coach Appreciation box will contain:
 - a. (50) Thank you post cards for athletes to express why they appreciate their gymnastics coach(es). (See sample on last page)
 - b. (3) Specially designed T-shirt transfers depicting the **Thanks USA Gym Coach** campaign to place on a coaches shirt/jacket/pants of choice.
 - c. (5) Parent Pack spiral bound idea booklets packed with coaches ideas on how parents can better deal in the gymnastics circle.
2. Follow/like USECA/USGCA on Facebook and Twitter.
3. **Post a photo on the gym’s social media** that includes the coach and why they are appreciated. Please post one coach per photo. NOTE: DO NOT allow any posting on private social media sites—this will follow SafeSport guidelines. All postings MUST include the hashtag **#ThanksUSAGymCoach**
4. Summary:
 - a. Order Coach Appreciation Box from USGCA.org
 - b. Athletes complete Coach Appreciation post cards with why they appreciate their coach —give to coach(es) of their choosing
 - c. Post photo of coaches on gym’s social media with name of coach and the gym name
 - d. Include the hashtag **#ThanksUSAGymCoach**
 - e. Ensure the gym’s Facebook/Twitter post profile is **public** so the photo is viewable (If we’ve liked it, we can see it)

FAQ

Q. Why is USECA/USGCA offering Coach Appreciation Week?

A. Our organizations are for the coaches in our industry. Coaches are undeserved and at times under appreciated. It also is perfect timing to end on Saturday September 21st—National Gymnastics Day, a day to celebrate our great sport.

Q. What do you mean by a gymnastics team/club and coach?

A. An individual coach of any gymnastics discipline affiliated with a club and owner or administrator of a team/club is eligible. Prize will be awarded to the team/club and to the coach

Q. How many photos can I enter?

A. One per coach per social media platform (Facebook, Twitter)

Q. Suggestions for what can the money be used for?

A. **Team/club:** Encourage use that will benefit the entire team/club i.e. travel expenses, equipment, uniforms, team celebration, etc.

A. **Coach(es):** Encourage use that will benefit the coach(es) ie. travel expenses, coach development (education, courses, workshops), etc.

Q. How will my photo be used?

A. All submitted photos may be used by USECA/USGCA for promotional purposes of the event only. By submitting a photo, you allow consent for use.

Q. How will the winning coaches be selected?

A. Photos will be randomly selected from every submission among the social media platforms. If a potential winner is not in compliance with contest rules, USECA/USGCA reserves the right to disqualify the photo from the contest and select an alternative winner.

TERMS & CONDITIONS

- All entries must be posted between **12:01pm CST, September 15** and **11:59pm CST, September 21**.
- By entering our contest, the entrant consents to the release of their photo for promotional use by USECA/USGCA. Entrants must own the rights to the photo.
- Gymnastic teams/clubs must be based in the United States.
- Entrants must be in compliance with contest rules indicated to win.
- Winning entrant will be awarded \$150.00 to the team/club and \$350.00 to the coach.
- Winning photo, on behalf of the team/club and coach(es), will be randomly chosen and contacted via Facebook around **October 1**.



Scan me